

Oh My Lina

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Ole Jacobson (DE) & Nina K. (DE) - May 2026

Music: New Horizon - Oh My Lina (Country Music Cover)



Note: the dance begins with the singing (after about 20 seconds)

S1: step, tap, back, shuffle back ½ turn r, step, tap, back, shuffle back

- 1&2 RF step fwd – LF tap behind RF – LF step back
3&4 1/4 turn r, RF step right – LF next to RF – 1/4 turn r, RF step fwd (6:00)
5&6 LF step fwd – RF tap behind LF – RF step back
7&8 LF step back – RF next to LF – LF step back

S2: behind, side, cross, scissor step, side, behind, side, cross, side, close, step

- 1&2 RF crosses behind LF – LF step left – RF crosses in front of LF
3&4 LF step left – RF next to LF – LF crosses in front of RF

Restart on the 6th wall (6:00)

- 5& RF step to right – LF crosses behind RF
6& RF step to right – LF crosses in front of RF
7&8 RF step to right – LF next to RF – RF step fwd

S3 side, close, step, step, recover, back, shuffle back, coaster-step

- 1&2 LF step to left – RF next to LF – LF step fwd
3&4 RF step fwd – Weight back on LF – RF step back
5&6 LF step back – RF next to LF – LF step back
7&8 RF step back – LF next to RF – RF step fwd

S4: step, pivot turn 1/4 r, shuffle across, 1/2 turn r, shuffle across, scissor step

- 1,2 LF step fwd – 1/4 turn r (weight on RF at the end) (9:00)
3&4 LF crosses in front of RF – RF moves next to LF – LF crosses in front of RF (initiate a ½ turn r) & Make ½ turn r on LF (3:00)
5&6 RF crosses in front of LF – LF moves next to RF – RF crosses in front of LF
7&8 LF step to the left – RF next to LF – LF crosses in front of RF

Replace these 8 counts with TAG2 in the 5th wall ...and Restart

..and start again

TAG1: Dance 1x at the end of the 2nd wall (6:00) and dance 2x at the end of the 4th wall (12:00) scuff, stomp, tap, back, coaster-step (r+)

- &1 Swing R-Heel diagonally fwd to the right, emphasizing the floor movement – RF stomp fwd
&2 LF tap behind RF – LF step back
3&4 RF step back – LF next to RF – RF step fwd
&5 Swing L-Heel diagonally fwd to the left, emphasizing the floor movement – LF stomp fwd
&6 RF tap behind LF – RF step back
7&8 LF step back – RF next to LF – LF step fwd

TAG2: In the 5th wall, perform the wall (Sec 4, Counts 1 & 2), optionally with arm movement

Replace the indicated "pivot turn ¼ R" with a "pivot turn ½ R," turning over 4 counts; then step the LF next to the RF and hold the position until the restart, coinciding with the start of the vocals (12:00).

Arm Movement Option: During the turn, raise your arms overhead so that, at the end of the movement, your fingertips touch above your head to form an "O" (to match the lyric "Hands on High"); then step the LF next to the RF.

Next, slowly lower your arms—keeping them together—down in front of your body to navel height.

Restart when the vocals begin!

FINISH: on the 8th wall (S1, Count 7&8) dance the Shuffle Back with a $\frac{1}{4}$ turn l at 12:00 and additionally at the end.. stomp RF next to LF - RF stomp forward (&9)

Last Update: 4 June 2026
